

**7 Kyu** (White belt - Just joined the club)

**6 kyu** (White belt - 10 classes after joining the club) *Kotai level*

- |    |                             |               |
|----|-----------------------------|---------------|
| 1. | Yuishinkai Aikido Kata      | with counting |
| 2. | Katatekosadori Kokyunage    |               |
| 3. | Katatedori Tenkan Kokyunage |               |

**5 Kyu** (Yellow belt - 25 classes) *Kotai and Juntai level*

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|----|-----------------------------|------------------------|
| 1. | Yuishinkai Aikido Kata      | with counting          |
| 2. | Katatekosadori Kokyunage    |                        |
| 3. | Katatedori Tenkan Kokyunage |                        |
| 4. | Shomenuchi Iriminage        |                        |
| 5. | Yokomenuchi Shihonage       | Omote and Ura          |
| 6. | Munetsuki Kotegaeshi        | Katameru               |
| 7. | Katadori Ikkyo              | Omote and Ura Katameru |
| 8. | Kokyu Dosa                  |                        |

**4 Kyu** (Orange belt - 30 classes) *Kotai and Juntai level*

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|-----|--------------------------------|------------------------|
| 1.  | Yuishinkai Aikido Kata         | with counting          |
| 2.  | Katatekosadori Kokyunage       |                        |
| 3.  | Katatedori Tenkan Kokyunage    |                        |
| 4.  | Shomenuchi Iriminage           |                        |
| 5.  | Yokomenuchi Shihonage          | Omote and Ura          |
| 6.  | Katatedori Shihonage           | Omote and Ura          |
| 7.  | Munetsuki Kotegaeshi           | Katameru               |
| 8.  | Katadori Ikkyo                 | Omote and Ura Katameru |
| 9.  | Katadori Nikyo                 | Omote and Ura Katameru |
| 10. | Ushirodori Kokyunage Zenponage |                        |
| 11. | Kokyu Dosa                     |                        |

<b>3 Kyu</b> (Green belt - 35 classes)		<i>Ryutai level</i>
1. Yuishinkai Aikido Kata	with counting	
2. Katatekosadori Kokyunage		
3. Katatedori Tenkan Kokyunage		
4. Shomenuchi Iriminage		
5. Shomenuchi Kotegaeshi		Katameru
6. Yokomenuchi Shihonage	Omote and Ura	
7. Yokomenuchi Kokyunage Makikomi		
8. Katadori Ikkyo	Omote and Ura	Katameru
9. Katadori Nikyo	Omote and Ura	Katameru
10. Katadori Sankyo	Omote and Ura	Katameru
11. Katadori Yonkyo	Omote and Ura	Katameru
12. Kokyu Dosa		

<b>2 Kyu</b> (Brown Belt - 45 classes)		<i>Ryutai level</i>
1. Yuishinkai Aikido Kata	with counting	
2. Katatekosadori Kokyunge		
3. Katatedori Tenkan Kokyunage		
4. Shomenuchi Iriminage		
5. Shomenuchi Kotegaeshi		
6. Yokomenuchi Shihonage	Omote and Ura	
7. Yokomenuchi Kotegaeshi		
8. Katadori Ikkyo	Omote and Ura	
9. Katadori Nikyo	Omote and Ura	
10. Katadori Sankyo	Omote and Ura	
11. Katadori Yonkyo	Omote and Ura	
12. Ushirodori Kokyunage Zenponage		
13. Ushiro Ryotekubidori Zenponage		
14. Ushiro Ryotekubidori Ikkyo		Katameru
15. Kokyu Dosa		

<b>1 Kyu</b> (Brown Belt and Hakama - 70 classes)		<i>Ryutai level</i>
1. Yuishinkai Aikido Kata	with counting	
2. Katatekosadori	5 arts	
3. Katatedori	5 arts	
4. Katatedori Ryotemochi	5 arts	
5. Shomenuchi	5 arts	
6. Yokomenuchi	5 arts	
7. Tsuki	5 arts	
8. Ushirodori, Ushirotekubidori	5 arts	
9. Ryotedori	5 arts	
10. Zagi handachi	5 arts	
11. Zagi	5 arts	

<b>Shodan</b> (Black belt - 100 classes)		<i>Ryutai level</i>	
1.	Sword of Nine Ways		
2.	Free Wielding Sword		
3.	Shooting Star		
4.	Butterfly		
5.	Bokken Dori	5 arts	
6.	Tanto Dori	5 arts	
7.	Jo Dori	5 arts	
8.	Jo Nage	5 arts	
9.	Shomenuchi	20 times	same waza OK
10.	Yokomenuchi	20 times	same waza OK
11.	Munetsuki	20 times	same waza OK
12.	Sanningake		

<b>Nidan</b> (2 years)		<i>Ryutai level</i>	
1.	Sword of Nine Ways		
2.	Free Wielding Sword		
3.	Shooting Star		
4.	Butterfly		
5.	Bokken Dori	6 arts	
6.	Tanto Dori	6 arts	
7.	Jo Dori	6 arts	
8.	Jo Nage	6 arts	
9.	Shomenuchi	30 times	same waza OK
10.	Yokomenuchi	30 times	same waza OK
11.	Munetsuki	30 times	same waza OK
12.	Yoningake		

<b>Sandan</b> (3 years)		<i>Ryutai level</i>	
1.	Sword of Nine Ways		
2.	Free Wielding Sword		
3.	Shooting Star		
4.	Butterfly		
5.	Bokken Dori	7 arts	
6.	Tanto Dori	7 arts	
7.	Jo Dori	7 arts	
8.	Jo Nage	7 arts	
9.	Shomenuchi	100 times	same waza OK
10.	Yokomenuchi	100 times	same waza OK
11.	Munetsuki	100 times	same waza OK
12.	Goningake		

**Yuishinkai Aikido Kata**

1. Kohotento Kata
2. Nikyo Kata
3. Kotegaeshi Kata
4. Sankyo Kata
5. Tekubimawashi Kata
6. Tekubishindo Kata
7. Funakogi Kata
8. Ikkyo Kata
9. Zengo Kata
10. Happo Kata
11. Tekubikosa Kata
12. Tekubikosa Joho Kata
13. Sayu Kata
14. Sayuido Chidori Kata
15. Tenkan Kata
16. Zenshin Koshin Kata
17. Udemawashi Kata
18. Shomenuchi Iriminage Kata
19. Ushirodori Kata
20. Ushirotekubidori Zenshin Kata
21. Ushirotekubidori Koshin Kata